





Monday	Tuesday	Wednesday	Thursday	Friday															
<p><i>We proudly serve local produce and support local farmers whenever possible</i></p>	<p>Start the week off right! Have a good breakfast today and every day!</p>		<table border="1"> <thead> <tr> <th></th> <th>Lunch</th> <th>Breakfast</th> </tr> </thead> <tbody> <tr> <td>Student</td> <td>1.50</td> <td>.75</td> </tr> <tr> <td>Reduced Price</td> <td>.40</td> <td>Free</td> </tr> <tr> <td>Adult</td> <td>3.00</td> <td>1.50</td> </tr> <tr> <td>Milk (inc. w/ meal)</td> <td>.40</td> <td>.40</td> </tr> </tbody> </table>			Lunch	Breakfast	Student	1.50	.75	Reduced Price	.40	Free	Adult	3.00	1.50	Milk (inc. w/ meal)	.40	.40
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<p>2  <b>Featured Entrée</b>                      Cheeseburger on a Wheat Bun                      Oven Baked French Fries</p> <p><b>Entrée Salad</b>                      Chef Salad with breadstick</p> <p><b>Entrée Sandwich</b>                      Turkey &amp; Cheddar Wrap</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>3  <b>Featured Entrée</b>                      Toasted Cheese Sandwich                      Tomato Soup</p> <p><b>Entrée Salad</b>                      Chef Salad with breadstick</p> <p><b>Entrée Sandwich</b>                      Turkey &amp; Cheddar Wrap</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>4  <b>Featured Entrée</b>                      Tasty Sloppy Joe Sandwich                      Wheat Pretzel Stick</p> <p><b>Entrée Salad</b>                      Chef Salad with breadstick</p> <p><b>"Fun on the Run" Entrée</b>                      Wheat Pretzel with Yogurt</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>5  <b>Featured Entrée</b>                      Breakfast for Lunch                      Whole Wheat Pancakes                      Sausage, Crispy Potato wedges</p> <p><b>Entrée Salad</b>                      Chef Salad with breadstick</p> <p><b>Entrée Sandwich</b>                      Turkey &amp; Cheddar Wrap</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>6  <b>Featured Entrée</b>                      Homemade Pizza                      Cheese or Pepperoni</p> <p><b>Entrée Salad</b>                      Chef Salad with breadstick</p> <p><b>"Fun on the Run" Entrée</b>                      Wheat Pretzel with Yogurt</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>															
<p>9  <b>Featured Entrée</b>                      Oven Baked Chicken Nuggets                      Buttered Wheat Pasta</p> <p><b>Entrée Salad</b>                      Popeye Spinach Salad with                      Diced Turkey &amp; Cheese and a breadstick</p> <p><b>Entrée Sandwich</b>                      Ham &amp; Cheese Saucer</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>10  <b>Featured Entrée</b>                      Homemade Macaroni &amp; Cheese                      Dinner Roll</p> <p><b>Entrée Salad</b>                      Popeye Spinach Salad with                      Diced Turkey &amp; Cheese and a breadstick</p> <p><b>Entrée Sandwich</b>                      Ham &amp; Cheese Saucer</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>11  <b>Veteran's Day</b></p> 	<p>12  <b>Featured Entrée</b>                      Tasty Taco Wrap                      Herbed Rice</p> <p><b>Entrée Salad</b>                      Popeye Spinach Salad with                      Diced Turkey &amp; Cheese and a breadstick</p> <p><b>Entrée Sandwich</b>                      Ham &amp; Cheese Saucer</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>13  <b>Featured Entrée</b>                      Homemade Pizza                      Cheese or Veggie</p> <p><b>Entrée Salad</b>                      Popeye Spinach Salad with                      Diced Turkey &amp; Cheese and a breadstick</p> <p><b>"Fun on the Run" Entrée</b>                      Wheat Pretzel with Yogurt</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>															
<p>16  <b>Featured Entrée</b>                      Hot Dog on a Wheat Bun                      Oven Baked French Fries</p> <p><b>Entrée Salad</b>                      Chicken Caesar Salad                      with a breadstick</p> <p><b>Entrée Sandwich</b>                      Tuna Boat with Cheese Sail</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>17  <b>Featured Entrée</b>  <b>Thanksgiving Meal</b></p> <p>Oven Roasted Turkey                      Stuffing                      Mashed Potatoes                      Gravy                      Sweet Peas                      Hearty Wheat Dinner Roll                      Pumpkin Pie                      Farm Fresh Vermont Milk</p>	<p>18  <b>Featured Entrée</b>  <b>"Build your Own"</b>                      Baked Breaded Chicken Sandwich                      Oven Roasted Potato Wedges</p> <p><b>Entrée Salad</b>                      Chicken Caesar Salad                      with a breadstick</p> <p><b>"Fun on the Run" Entrée</b>                      Wheat Pretzel with Yogurt</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>19  <b>Featured Entrée</b>                      Toasted Cheese Sandwich                      Tomato Soup</p> <p><b>Entrée Salad</b>                      Chicken Caesar Salad                      with a breadstick</p> <p><b>Entrée Sandwich</b>                      Tuna Boat with Cheese Sail</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>20  <b>Featured Entrée</b>                      Homemade Pizza                      Cheese or Veggie</p> <p><b>Entrée Salad</b>                      Chicken Caesar Salad                      with a breadstick</p> <p><b>"Fun on the Run" Entrée</b>                      Wheat Pretzel with Yogurt</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>															
<p>23  <b>Featured Entrée</b>                      Cheeseburger on a Wheat Bun                      Buttered Pasta</p> <p><b>Entrée Sandwich</b>                      Ham &amp; Cheddar Wrap</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>24  <b>Featured Entrée</b>                      Meatball Grinder                      Oven Fries</p> <p><b>Entrée Sandwich</b>                      Ham &amp; Cheddar Wrap</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>25  </p>	<p>26  <b>Thanksgiving Recess</b></p> 																
<p>30  <b>Featured Entrée</b>                      Oven Baked Chicken Tenders                      Buttered Pasta</p> <p><b>Entrée Sandwich</b>                      Turkey &amp; Cheese Saucer Sandwich</p> <p><b>Featured Sides</b>                      Mini Tossed Salad or Hot Veggie                      Crisp Fresh Veggie Cup w/ Dip                      Healthy Fresh or Canned Fruit                      Farm Fresh Vermont Milk</p>	<p>30  </p>																		