

RUTLAND PUBLIC SCHOOLS
Northeast & Northwest School

We proudly serve local produce and support local farmers whenever possible

<p>January 31 <u>Featured Entrées</u> All Beef Hot Dog Oven Baked Fries or BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick or Ham & Cheese Grinder Lettuce & Pickles</p>	<p>February 1 <u>Featured Entrées</u> Homemade Mac & Cheese Wheat Dinner Roll or BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick or Ham & Cheese Grinder Lettuce & Pickles</p>	<p>February 2 <u>Featured Entrées</u> Toasted Cheese Sandwich Chicken Noodle Soup or BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick or "Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>	<p>February 3 <u>Featured Entrées</u> Breakfast For Lunch Day WW Pancakes, Turkey Sausage Roasted Red Potatoes or BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick or Ham & Cheese Grinder</p>	<p>February 4 <u>Featured Entrées</u> Homemade WW Cheese or Pepperoni Pizza w/ salad or BLT Salad – Bacon, Tomato And Cheddar on Greens w/breadstick or "Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>
<p>February 7 <u>Featured Entrées</u> Cheeseburger on a Wheat Bun Oven Baked Potato Wedges or Chicken Caesar Salad with a wheat breadstick or Egg Salad on Wheat Lettuce & Pickles</p>	<p>February 8 <u>Featured Entrées</u> Sweet & Sour Chicken Steamed Rice, Fortune Cookie or Chicken Caesar Salad with a wheat breadstick or Egg Salad on Wheat Lettuce & Pickles</p>	<p>February 9 <u>Featured Entrées</u> WW Spaghetti with Meatsauce Wheat dinner Roll or Chicken Caesar Salad with a wheat breadstick or "Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>	<p>February 10 <u>Featured Entrées</u> BBQ Roasted Chicken Roasted Root Veggies or Chicken Caesar Salad with a wheat breadstick or Egg Salad on Wheat Lettuce & Pickles</p>	<p>February 11 <u>Featured Entrées</u> Homemade WW Cheese or Veggie Pizza w/salad or Chicken Caesar Salad with a wheat breadstick or "Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>
<p>February 14 </p>	<p>February 15 February 16 February 17</p> 			<p>February 18</p>
<p>February 21 <u>Featured Entrées</u> Oven Baked Chicken Nuggets Herbed Rice Tasty Carrots or Turkey & Cheese Grinder Lettuce & Pickles No Salads Today</p>	<p>February 22 <u>Featured Entrées</u> Skillet Pizza - Pasta Bake WW Rotini baked with Tomato Sauce pepperoni, sausage and ooey, gooey cheese - Yum!! or Tuna Salad with Apples on a bed of Greens & Westminster Crackers or Turkey & Cheese Grinder</p>	<p>February 23 <u>Featured Entrées</u> Oven Baked Chicken Patty Sandwich WW Pesto Pasta or Tuna Salad with Apples on a bed of Greens & Westminster Crackers or "Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>	<p>February 24 <u>Featured Entrées</u> WW Cheesy Pizza Dunkers with a side of meatballs and sauce w/ a salad or Tuna Salad with Apples on a bed of Greens & Westminster Crackers or Turkey & Cheese Grinder Lettuce & Pickles</p>	<p>February 25 <u>Featured Entrées</u> Homemade WW Cheese or Veggie Pizza w/salad or Tuna Salad with Apples on a bed of Greens & Westminster Crackers or "Fun on the Run" WW Pretzel, Yogurt, Cheese, fruit</p>
<p>February 28 <u>Featured Entrées</u> Cowboy WW Bagel Melt (Ham, Turkey, Cheese and BBQ Sauce) Potato Wedges or Chef Salad with a wheat breadstick or Tuna Salad Grinder</p>		<p>Lunch Prices Student Full Priced \$1.50 Student Reduced Priced \$.40 Adult \$3.00 Milk \$.40 WW = indicates Whole Wheat Meau Items We use wheat rolls & bread for all sandwiches</p>		

Daily Featured Sides

Mini Tossed Salad, Hot Veggie of the Day, Crisp Fresh Veggie Cup w/ Dip, Healthy Fresh or Canned Fruit, Farm Fresh Vermont Milk